



# Condition Management

HealthCheck360

The myCare360 program provides education and support for employees, their spouses or children who are managing a chronic condition. The program is a benefit included with your health plan and is provided at no additional cost to you.

You'll receive exclusive access to HealthCheck360's team of clinical experts and support via the easy-to-use mycare360 mobile app.

## Conditions covered include:

- Asthma
- Chronic Kidney Disease
- Chronic Obstructive Pulmonary Disease (COPD)
- Diabetes
- Heart Failure
- High Cholesterol
- Hypertension
- Ischemic Heart Disease

## myCare360 helps you:

- Stay healthy and manage your condition.
- Control your out-of-pocket medical costs.
- Learn how recommended care guidelines impact your health.
- Have informed conversations with your primary care physician.

## Getting started

**Enrollment in the program is automatic.** If you, your spouse, or your child are currently managing a chronic condition, you will receive a welcome letter from HealthCheck360 as well as a call from one of our Care Managers.

Participants who qualify for the program are contacted each quarter by phone, email, or regular mail.



Stay on track with the mycare360 mobile app!

- Company Code: DECKR
- Unique ID: Last 4 SSN

## Health Plan Rates

We want you and your families to enjoy a healthy life and pay attention to your personal health.

By completing the action items listed on your myCare360 account, you will be considered compliant and avoid paying a non-compliant surcharge for health insurance.

The compliance of the program will be monitored January 2024 through October 2024 with the surcharge effective January 1, 2025.